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| **Name of Service, Location and phone number(s)** | **Adult Counselling Program**  Community Addiction and Mental Health Services of Haldimand and Norfolk- Caledonia  103 Inverness Street, Caledonia, Ontario N3W 1B5  Phone: 519-587-4658  Toll-Free: 877-909-4357  Fax: 519-587-4118  Website: http://www.camhs.ca/programs/adult-program/ |
| **Services Offered** | * Assessment * Consultations * Medication review * Counselling * Referrals to other community agencies * Education and advocacy |
| **Inclusionary/ Exclusionary Criteria** | * 16 years of age and older * Suffer from serious and persistent mental illness |
| **Treatment Details** | Community-based, client focuses services for adults who have mental health or concurrent concerns. Generally the structure of counselling will be strength-based, solution-focuses therapy of approximately eight sessions aiding in a person’s journey of recovery. |
| **Philosophy of treatment** | Recovery |
| **Cost/ Payment Options** | No |
| **Referral Process** | Coordinated referral for all mental health services.  Physician referral required for a psychiatrist consultation |
| **Hours of Operation** | Monday to Friday  8:30am- 4:30pm |
| **Staff Compliment** | * Registered nurses * Social workers * Psychiatrists |
| **Any other special considerations?** | n/a |
| **Wheelchair Accessible?** | Yes |
| **Close to Bus Route/ Public Transportation?** | No |
| **Languages spoken** | English, Interpretation Services |

*(Please note this document was created October 2018. Program information may change.*

*Please contact agency to receive latest information regarding their services.)*