How to Access Us

Our program accepts referrals from community partners, doctors, nurses, social workers, and the emergency departments. Please ask a doctor, nurse or counsellor to refer you or you can call us directly.

We also have a number you can text to get in contact with one of our addiction specialists to set up an intake appointment.

Bring Support

If you're feeling anxious, nervous or hesitant about coming to the RAAM Clinic, you are welcome to bring a support person with you.

St. Joseph's Healthcare **S** Hamilton

Where to Find Us



225 James Street South Hamilton, ON L8P 3B2

The RAAM Clinic is located in the portable across from St. Joseph's Healthcare Hamilton at the corner of James Street South and Charlton Avenue East.

> Hours Clinic: 8:30 a.m. - 4:30 p.m. Monday to Friday

If you have questions about the RAAM Clinic, you can contact staff between 8:30 a.m. to 8 p.m. seven days per week by calling or texting the cell phone.

> Contact Us Phone: (905) 522-1155 ext. 35800 Cell: (905) 870-2760 Fax: (905) 521-9098

> > www.stjoes.ca

Rapid Access Addiction Medicine (RAAM) Clinic





www.stjoes.ca

About Us

We are a short-term addiction clinic that works with substance use problems to help stabilize them.

We provide a safe space where you can get help from a doctor or addiction specialist for your addiction.

Our team can help provide you with the tools and resources to reduce risk of relapse and help you to reach your recovery goals.

Our clinic is:

- Centred on your needs
- Without judgment

The RAAM Clinic is geared to primarily serve clients who are struggling with problem use of alcohol and opioids.

Please note we do NOT prescribe any opioid pain medication.

Your First Visit

After your first visit, you will be given an appointment time when you will meet with an addiction specialist. The questions are designed to gather as much detail as possible to ensure that your treatment plan is best tailored to you.

Keep in mind, honesty about substance use will allow us to connect you with the right supports.

Please bring your health card and a medication list to this appointment.



Next Steps

Based on your first visit, next steps can include further counselling support, being connected with community resources, or connecting with a doctor at the clinic.

Counselling

The addiction workers on the RAAM team are available to provide one to one counselling, help with developing coping skills, help navigating addiction services, and help to get family doctors.

Medication

If you are assigned to a doctor at the RAAM Clinic, they will help you decide on medications that may help with lessening cravings, or help with your withdrawal symptoms.

For many people, medications are an important part of their recovery program and reduce the risk of relapse.