

<p>Name of Service, Address and phone number(s)</p>	<p><u>McMaster Children’s Hospital Child and Youth Mental Health Program RBC Child and Youth Mental Health Unit (3G)</u></p> <p>1200 Main Street West, PO Box 2000 Hamilton, ON L8N 3Z5 3G Main Line: ext 72800 3G Unit Managers: ext 77326 or ext 77298</p> <p>Phone: 905-521-2100 Central Referral Office: ext 74382 Community Education Services: ext 74147 Family Resource Centre: ext 77243 Outpatient Services at Ron Joyce Children's Health Centre: ext 77621 Outreach and Urgent Access Clinic at McMaster: ext 77327</p> <p>E-mail: frc@hhsc.ca Fax #: 905-521-7938</p> <p>http://www.mcmasterchildrensmentalhealth.ca/</p>
<p>Services Offered</p>	<ul style="list-style-type: none"> ▪ Offers services for children, youth and families dealing with mental health concerns ▪ Provides outpatient, inpatient, day hospital and emergency mental health services ▪ Offers services at two sites: Chedoke Hospital and McMaster University Medical Centre ▪ Family Resource Center ▪ Community Education Service (CES) ▪ Evidence-based Care
<p>Inclusionary/ Exclusionary Criteria</p>	<p>Ambulatory Services:</p> <ul style="list-style-type: none"> ▪ Offered for the city of Hamilton and the region of Niagara, Haldimand, Brant, Burlington and Norfolk. <p>CHYMES – Emergency Services:</p> <ul style="list-style-type: none"> ▪ Youth 17 years of age or younger
<p>Treatment Details</p>	<p><i>Ambulatory Services:</i></p> <ul style="list-style-type: none"> ▪ These services (Outpatient Services – city of Hamilton) are available to children and youth, up to their 18th birthday, that live in the City of Hamilton: Mental Health Assessment, Individual, Family or Group Treatment, Psychiatric Consultation and Assessment, Home-based Services, Psychological Testing and Consultation services, Emergency Services (CHYMES) ▪ These services (Outpatient Services & Urgent Access – Regional) are available to children and youth, up to their 18th birthday, that live in the City of Hamilton: Mental Health Assessment, Bridging Services, Psychiatric Consultation and Assessment, Emergency Services (CHYMES)

	<ul style="list-style-type: none"> ▪ Plan the patients care together, to meet the patient and family’s needs. <p>Day Hospital Services:</p> <ul style="list-style-type: none"> ▪ Located on unit 3G at the McMaster Children’s Hospital and is a voluntary day treatment program for youth who could benefit from intensive treatment and programming. ▪ All referrals to the Day Hospital Program must be supported by a recent psychiatric assessment. <p>Inpatient:</p> <ul style="list-style-type: none"> ▪ Children and youth who need mental health hospital care will stay in the RBC Child & Youth Mental Health Unit. This inpatient unit is on 3G – on the third floor of McMaster Children’s Hospital. ▪ All referrals sent to the inpatient service must be supported by a recent psychiatric assessment <p>CHYMES – Emergency Services:</p> <ul style="list-style-type: none"> ▪ A team of specialized clinicians is available within the emergency department of McMaster Children’s Hospital to provide emergency mental health care to youth 17 years of age and younger. ▪ Emergency Mental Health Assessment ▪ Referral to community services ▪ Recommendations for the most suitable follow up care ▪ Not all patients presenting with mental health concerns are seen by the specialized team of clinicians <p>Community Education Service</p> <ul style="list-style-type: none"> ▪ CES provides educational courses and skills training workshops to the community on a variety of topics, including parenting, child development and child & youth mental health concerns ▪ No referral ▪ Programs are available for children, youth and caregivers ▪ Programs and workshops offered: COPEing with 3-12 Years Olds with ADHD, Helping Your Young Child Deal with Worries, kNOw Fear, Managing Meltdowns, Parenting Your Anxious Child, Positive Parenting, Stress Less for Teens
Philosophy of treatment	Compassion and Caring is at the core of their services. CYMHP offers a range of intensive and time limited services for Children, youth and families dealing with mental health concerns.
Cost/ Payment Options	No cost.
Referral Process	<p>All referrals for Day Hospital Services and Inpatient Services must be supported by a recent psychiatric assessment.</p> <p>Ambulatory Referral Form: http://www.mcmasterchildrensmentalhealth.ca/files/ExternalReferralFormtoCYMHP.pdf</p>

	<p><i>Psychiatry Consultation Referral Form (One-time, Non-Emergency):</i> http://www.mcmasterchildrensmentalhealth.ca/files/Psychiatrc_Consultation_Request_Form_for_Hamilton.pdf</p> <p><i>Day Hospital Services Referral Form:</i> http://www.mcmasterchildrensmentalhealth.ca/files/ExternalReferralFormtoCYMHP.pdf</p> <p><i>Inpatient Referral Form:</i> http://www.mcmasterchildrensmentalhealth.ca/files/3G_InpatientReferralForm.pdf</p> <p><i>Community Education Service (Self-Registration):</i> For Community Education Service Courses and Workshops please call 905-521-2100 ext. 74147</p>
Hours of Operation	Inpatient program: 24 hours. Outpatient: 8:30am -4:30 pm, some accommodate are made for afterhours appointments.
Staff Compliment	Child & youth workers Nurses Occupational therapists Psychiatrists Psychologists Social workers Teachers
Any other special considerations?	<ul style="list-style-type: none"> ▪ The inpatient team includes teachers that will work with children and youth to help them continue their schoolwork and transition back to school. ▪ There is an extended waitlist for all services but children and youth can access community groups while on the waitlist. ▪ Community
Wheelchair Accessible?	Yes.
Close to Bus Route/ Public Transportation?	Yes-10-B Line, 51-University, 52- Dundas
Languages spoken	English, will provide translation service.

(Please note this document was modified May 15, 2018. Program information may change. Please contact agency to receive latest information regarding their services)